

 Kitsilano  
  Neighbourhood House  
  *The hub of Vancouver's Westside since 1894*

## My Tween and Me

A Free Parenting Program for Parents with Children aged 7-12



- ♥ Learn to build a strong relationship with your children as pre-teens
- ♥ Gain the confidence and skills to guide your children into – and through – the risk-taking teen years

Join us for **6 Sessions**  
**Monday's from January 30<sup>th</sup> 2012**  
**to March 5<sup>th</sup> 2012**  
Time: **9:30-11:30**  
Cost: **\*FREE\***

Location: Tapestry at Westbrook  
Village UBC  
3338 Westbrook Mall



**Register Early, space is limited!**  
To register or for more information please contact:  
Nikki at 604-736-3588 or [nikki@kitshouse.org](mailto:nikki@kitshouse.org)



[www.kitshouse.org](http://www.kitshouse.org)



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